

MOUNTAIN, DESERT AND WADI

21/02/2027 - 27/02/2027

A concentrated tour to discover different aspects of Oman, hiking much and driving little : 4 mountain hikes in the Western Hajar (linked by short car transfers), stop in Nizwa, 2 nights and 1 day in the desert, a splendid aquatic hike in Wadi Bani Khalid!



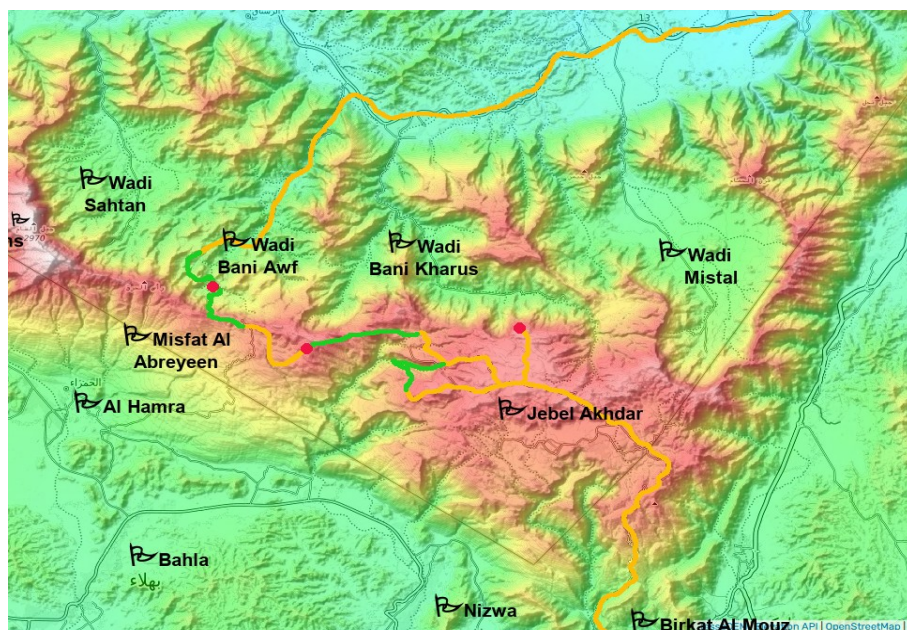
Level 4	Tours which can include demanding hikes (up to 1200m elevation gain), aquatic hikes and canyoning.
Length	7 Day
START	21/02/2027 @ 08:00 AM We can pick up you directly from your hotel anywhere in Muscat
ENDS	27/02/2027 @ 06:00 PM We can drop you to your hotel anywhere in Muscat or at the airport
	2 Nights in accommodations (hotel, guesthouse, lodge, etc...)
	4 Nights wild camping (with tents, thick mattress, mats, dishes, cooking gear), comfortable (but with no toilets) with the assistance of vehicles. Usually participants pitch their tent by themselves while we set up the collective camp Click here for more information about wild camping
Price per person	580 OMR (1518 USD) **
GROUP OF	3 To 7 **
** SMALL GROUP EXTRA	We can guarantee departure with less participants if you agree to pay an extra : - with 2 participants, 580 + 240 = 820 OMR (2147 USD) per person. If we finally reach 3 participants, of course the extra does not apply and the price remains 580 OMR (222 USD) per person.
Tour guided in	English
Guide	

Itinerary	Wadi Bani Awf - Jebel Akhdar - Nizwa - Wahiba Desert - Wadi Bani Khalid
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General route map



More detailed map of the part in the Western Hajar



**Note about
luggage
transportation**

We have vehicles ; so luggages are always transported by car. You only have to carry day-pack while hiking.

About Desert

We usually go for a hike of 3 to 5 hours in the morning. Heat and soft sand can make it a bit difficult. Late afternoon, we go for another walk around the camp from 1 to 2 hours. It is always possible for someone not to do the walk and stay at the camp or go for a shorter walk.

On the other hand, the ones who want to walk more can go earlier in the afternoon and do a longer tour alone. □

In the desert, we'll have one single camp site for 2 nights.

On the camp, we set up a big tent (pictures below) to have shade at noon and to protect us in case of sandwind.

[Click here to get more information about the running of a desert trip](#)



DAY 1

21/02/2027

- Lunch - Dinner

🚌 Transfer to Bimah (Wadi Bani Awf) (3 hours - 235 Km)

We drive up the valley on a dirt track. We first cross villages and green palm gardens and then go through a rugged terrain. An impressive drive...

✓ **Hike through mountains and villages of Wadi Bani Awf (5 hours)**

We walk in the river bed with many trees and birds (sometimes also a stream) and then find a good path which climbs in the mountain and takes us to a first small village. We then walk our way up through the palm gardens and reach a very narrow path. From there we see another bigger village. We walk down to the village and enjoy a tour in the gardens. We finally find a very narrow gorge which we follow until we reach the main road of the valley.

- **Hiking Level 3 ***

- **Walking time : 4 to 5 hours**

- **Height difference : +600m/-450m | Distance covered ~8km**

[📍 Wadi Bani Awf](#)



Mountain guesthouse

Simple but pleasant guesthouse in a wonderful spot

sharing Room

breakfast & dinner at the accomodation



DAY 2

22/02/2027

Breakfast - Lunch - Dinner

✓ **Hike toward the main ridge and Sharaf Al Alamain Pass (7 hours)**

It is a wonderful walk. We start from the main valley and walk up a very narrow gorge, at the end of which we discover a big and beautiful village. We cross the village and start the steep climb up the cliff. The climb is steep : it is an old path that has been equipped with rudimentary steps a long time ago but which is not advisable to people having fear of heights. 900 meters above the village, we arrive to a small pass. We then follow the ridge on the southern flank : it is a hilly terrain and we have splendid views on all sides.

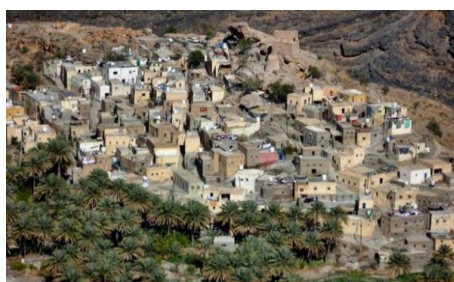
- **Hiking Level 4 ***- **Walking time : 4 to 6 hours**- **Height difference : +1200m/-200m | Distance covered ~8km**

Transfer to a high settlement near the ridge (1 hour - 40 Km)

**Camping in the mountain**

We camp in the mountain around 2200 meter high not far from a small settlement

Individual camping tent



DAY 3

23/02/2027

Breakfast - Lunch - Dinner

✓ **Hike on the ridge to Jebel Akhdar (7 hours)**📍 *Jebel Akhdar*

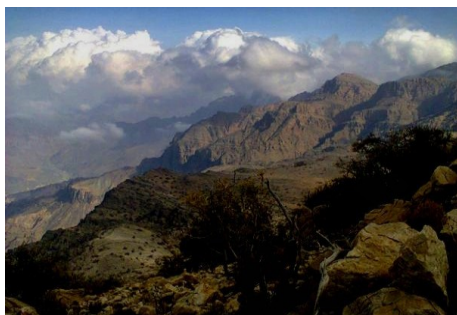
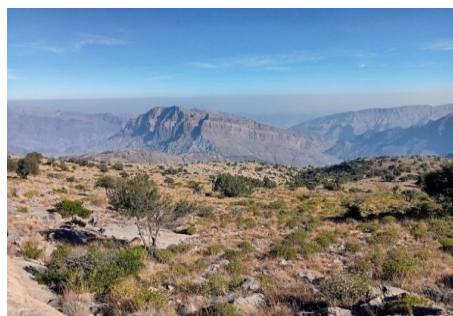
We start from an high hamlet at about 2400 meters. We follow the ridge having stunning views over the valleys of the northern slope. We then cross several flat areas with giant juniper trees and wild olive trees. We finally walk up to a small pass from which we see a village still a bit far away and we have to get there.

- **Hiking Level 3 ***- **Walking time : 5 to 7 hours**- **Height difference : +700m/-400m**

🚌 Transfer to a plateau covered with juniper trees (0 hour 30 - 20 Km)

**Camping on a high plateau**

2400m high in the center of the Jebel Akhdar, surrounded by giant juniper and wild olive trees. A few steps away, you can enjoy great views over the valleys of the northern slope.

Individual camping tent

DAY 4

24/02/2027

Breakfast - Lunch - Dinner

 Transfer to a high village in Jebel Akhdar (0 hour 30 - 15 Km)

✓ **Hike to a remote palm garden in a canyon (6 hours)**

 *Jebel Akhdar*

We start from a village located at an height of 2000 m and we walk the same way as the villagers who go work in the gardens, some 700 meters down. After 2 hours walk we finally discover the gardens where grow palm, lime, banana tree, garlic, and sweet potatoes. The place is really beautiful. We come back another way to another village located on the plateau.

- **Hiking Level 3 ***

- **Walking time : 4 to 5 hours**

- **Height difference : +550m/-800m | Distance covered ~9km**

 Transfer to Nizwa (1 hour 30 - 90 Km)

 Hotel in Nizwa

A beautiful hotel located in an old quarter of Nizwa, just behind the souk. It's a complex of several old houses which have been renovated with a lot of taste.

Standard Room

breakfast at the accomodation



DAY 5

25/02/2027

Breakfast - Lunch - Dinner

✓ **Souq of Nizwa (1 hour 30)**➤ *Nizwa*

Nizwa is a major city of Oman located at the foot of the mountains in the interior. In the past it was the capital of the country and remains the cultural center of the country for mountain people. The Souq was rehabilitated some 15 years ago. Friday is the market day, called 'Souq Al Jumaa', and brings visitors from the nearby mountains as well as bedouins from the desert side. The livestock souq is particularly worth a visit. But you find also the fish souq, vegetable souq, meat souq, as well as some people selling mountain honey, dates, incense, and anything you might need.

🚌 Transfer to our campsite in the Wahiba Desert (3 hours - 220 Km)

✓ **Sunset in the dunes (1 hour)**➤ *Wahiba Desert*

We start a walk across the dunes in late afternoon. The heat isn't too strong anymore and the sunlight is the more beautiful. The setting sun always gives changing colour to the sand and the shades. This is a great unforgettable time.

- *Walking time : 0 to 1 hours*

**Camping in Wahiba Sands**

Individual camping tent



DAY 6

26/02/2027

Breakfast - Lunch - Dinner

✓ **Hiking in the Wahiba Sands (6 hours)**

We start walking early morning when the sun is not too strong. We walk some 3-4 hours in this wonderful landscape of sand dunes. Around twelve, when the sun reaches its highest point, we stop to have lunch and rest under the shade. At the end of the afternoon we start walking again around our camp to see sunset. In the desert, the walking time is only informative and we can adapt the length of the stages according to the group.

- **Hiking Level 3 ***- **Walking time : 4 to 5 hours**- **Height difference : +100m/-100m**🏜️ *Wahiba Desert***Camping in Wahiba Sands***Individual camping tent*

DAY 7

27/02/2027

Breakfast - Lunch -

 Transfer to Wadi Bani Khalid (1 hour 30 - 80 Km)

✓ **Aquatic hiking in wadi Al Hwir (5 hours)**

Wadi Bani Khalid

An easy quatic hike in one of the most beautiful wadis of oman. We start from an oasis in the valley. We walk across its luxuriant palm garden to reach he entrance of the garden. We then walk between large boulders to arrive to 2 wonderful pools with waterfalls. In one of these we can jump from 10 meters. We keep on walking in the water and the swim several long pools (until 300 meters). The valley then widens and we discover another oasis.

- **Canyoning Level 1 ***

- **Walking time : 3 to 5 hours**

- **Height difference : +0m/-200m | Distance covered ~5km**

 Transfer to Muttrah (3 hours - 280 Km)



① Difficulty level Hiking & Easy Walking

Level 1	No difficulty. Easy and short walks. Appropriate for anyone walking occasionally
Level 2	Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty
Level 3	Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties
Level 4	Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers
Level 5	Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail

① Difficulty level Canyoning & Aquatic hiking

For this activity, it is mandatory to be able to swim at least 100m

Level 1	Aquatic hiking not requiring any jump or abseiling
Level 2	Easy and short canyon descent with jumps of less than 3 meters which can be avoided abseiling
Level 3	Canyon descent with few meters high jumps and little technical abseiling
Level 4	Canyon descent lasting more than 5 hours with several meters high jumps and technical abseiling in waterfalls